

# *A moment of relaxation...*



- **THERAPEUTIC BACK MASSAGE** **30 min / 100 zł**  
Massage benefits: Relaxation, releasing of tight muscles. Emotional comfort and stress management. Increased body awareness. Improved lymphatic drainage for release of toxins.
- **MAGIC TOUCH** **60 min / 200 zł, 90 min / 300 zł**  
Combined of different massage techniques
- **HOT STONE MASSAGE** **60 min / 200 zł, 90 min / 250 zł**  
Hot stone massages are deeply relaxing. Massage is variation on classic massage therapy. The heat of the stones warm and relax the muscles. The warmth of the stones improves circulation and calms the nervous system. Some massage therapists place stones on points that are thought to be energy centers of the body to rebalance the body and mind.
- **A CANDLE MASSAGE - A MAGICAL RITUAL WITH THE USE OF WAX** **60 min / 250 zł**  
This is a magical ritual with the use of warm wax. This kind of massage stimulates the senses and provides a truly unique experience. This sensual ceremony performed with warm wax from the candle made of 100% natural ingredients and an aromatic blend of essential oils. This kind of massage leaves the skin moisturized, wonderfully soft, silky smooth and treated in a sensual fragrance.

- **FACE, NECK AND THE SHOULDER MASSAGE** **30 min / 100 zł**  
This kind of massage is a natural analgesic because stimulates the release of endorphins. Is in excellent stress buster and can make you feel released and recharged. Face, neck and shoulder holistic massage provides deep relaxation, stimulates the flow of blood, and improves the functioning of the lymph system.
- **COBIDO - FACE LIFTING MASSAGE** **60 min / 200 zł**  
The art of Japanese facial lifting
- **LOMI LOMI NUI** **90 min / 300 zł**  
It is a beautiful massage from Hawaian Islands. Massage brings miraculous relaxation and restores body's harmony. Secret lomi-awakening spirit in the physical being.
- **CLASSIC MASSAGE** **60 min / 150 zł**  
This kind of massage which depending on the intensity, will either have relaxing, healing or energizing effects. Classic massage regenerates muscule tension, improves the metabolism, blood and lymph circulation , calms the nervous system.

***The offer is valid from 15/06/2022***